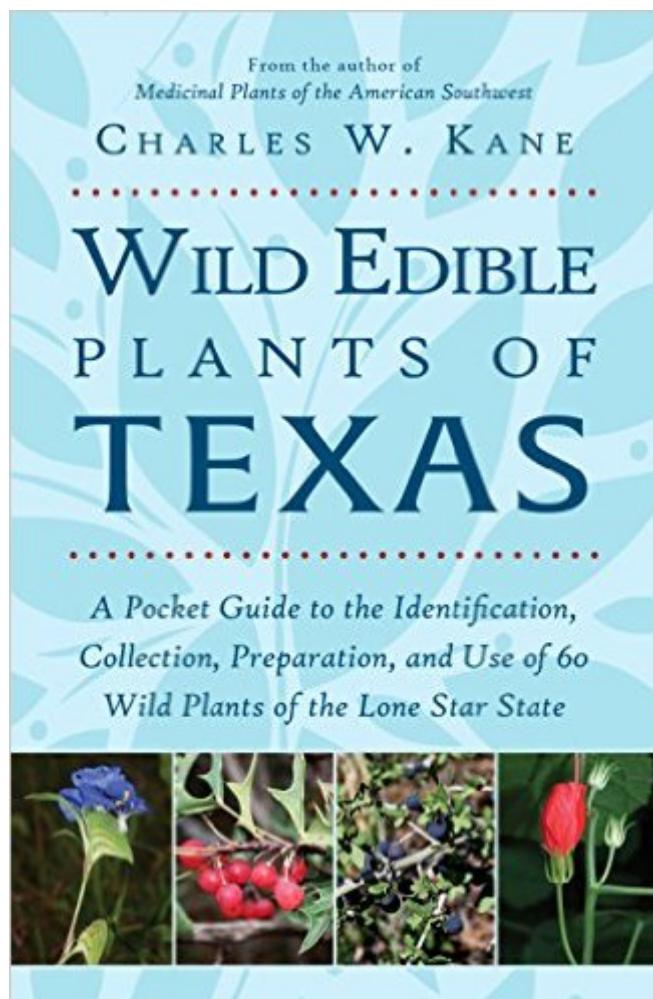


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# Wild Edible Plants Of Texas: A Pocket Guide To The Identification, Collection, Preparation, And Use Of 60 Wild Plants Of The Lone Star State



## Synopsis

Designed as a light-weight and field-portable reference booklet, Wild Edible Plants of Texas highlights the Lone Star State's most important edible wild plants. To the point and understandable, this guide best suits the prepper or outdoor enthusiast in need of a salient introduction to the field. No fluff. Just the facts. Each of the 60 (actually 62) entries are comprised of the following sections: Range and Habitat, Edible Uses, Medicinal Uses (when applicable), Cautions, and Special Notes. Both common and scientific names are listed. Over 100 color photos assist in identification and in many cases showcase each plant's choice edible part. Every profile is assigned a Texas-only location map and a seasonal guide on the best harvesting time. A general index is included as are a dozen photos of the state's poisonous plants. Some of the entries have a greater-than Texas range, however many are uniquely Texan, and hail from a specific region. West Texas' Chihuahuan Desert, the Hill Country of the Edwards Plateau, the Plains of the Panhandle, and the Piney Woods and Swamplands of the state's Coastal Plain all are botanically represented. The following plants are covered: Agave, Algerita, Amaranth, Arrowhead, Bastard Cabbage, Black Cherry, Blackberry, Bumelia, Cattail, Cholla, Dayflower, Devil's Claw, Dewberry, Dock, Dwarf Palmetto, Elder, Flameflower, Graythorn, Ground Cherry, Hackberry, Hickory, Indian Strawberry, Jewels of Opar, Kudzu, Lambsquarters, Lemonade Berry, London Rocket, Lotus, Madrone, Mallow, Mesquite, Mulberry, Nettle, Oak, Passionflower, Pawpaw, Pecan, Pennywort, Persimmon, Pokeweed, Prickly Pear, Purslane, Redbud, Rusty Blackhaw, Sorrel, Sow Thistle, Spring Beauty, Sugarberry, Thistle, Turk's Cap, Walnut, Wild Gourd, Wild Grape, Wild Oats, Wild Onion, Wild Plum, Wild Sunflower, Winecup, Yaupon Holly, Yellow Nutsedge, Yucca (Fruit), and Yucca (Stalk). Printed and bound in the USA.

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## Customer Reviews

If you are a foodie, hunter, hiker, birdwatcher, prepper, anti-Monsanto, or just always hungry and are looking for a pocket-sized book covering 60 common wild edible plants of Texas Charles W. Kane's book belongs in your pack. Each of the 60 plants has 1-2 full color pictures, a map of where in Texas it can be found, and a description of its edible and medicinal uses. Since this book is only 70 pages long he can't go into the great details of each plant like he does in *is medicinal wild plants and herbal books...*so you should by those books, too! *Herbal Medicine: Trends and Traditions (A Comprehensive Sourcebook on the Preparation and Use of Medicinal Plants)*

[http://www..com/Medicinal-Plants-American-Southwest-Medicine/dp/0977133370/ref=pd\\_bxgy\\_14\\_img\\_2?ie=UTF8&refRID=1H3HVT62DZH8TEYB1RQV](http://www..com/Medicinal-Plants-American-Southwest-Medicine/dp/0977133370/ref=pd_bxgy_14_img_2?ie=UTF8&refRID=1H3HVT62DZH8TEYB1RQV)

I collect wild edible and ethnobotany books as a hobby, I am a conservation biologist as a profession. I felt compelled to tell others about how this is the best \$8 book I have ever purchased. It covers species that many others don't, and is almost entirely natives, not just a bunch of introduced species like some guides. Even after reading other similar titles, I learned a lot from this brief book. It is a must have, and is easy to bring in the field! Thank you for making it reasonably priced! Maybe we will be lucky enough to get a volume II someday.

I bought this prior to a Mark "Merriweather" guided foraging tour at the Caddo Mound State Park. I used the book to reference different plants seen on the tour. Until Merriweather's book comes out I am going to use this one. I enjoyed the pictures, especially showing where in Texas the plants are typically found. It does not show everything but covers a great deal. If you use it, use the index which also lists common names when searching for a particular plant.

Great little booklet with great pictures and easy to read descriptions of the plants of Texas. However, you better get two because if you let it out of your sight it'll go AWOL.I had mine for two days before a friend borrowed it and doesn't want to give it back because he's having too much fun with it. I have ordered a second and will probably order a couple more for gifts this Christmas.

One of the better books on edibles out there.All the info you need on each plant is right there in an

easily read format. This IS a thin book, mainly due to a lack of extra nonsense most books have. Perfect size book to tuck away in a pocket or small pack.

Love this book! It's a great little starter book for beginning foragers like me. I couldn't believe as I went through it how many of the plants in this book are growing on our property!! Amazing. Well worth the money

pocket guide is right. it is just small enough to throw in a backpack, or back pocket. that being said it left me wanting on subject matter... guess you can't have both (small size and expansive content)

I was a little disappointed that some of the "wild edibles" listed were actually things we eat normally. I was hoping to identify more of what I have growing around my home but it has helped with a few things.

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L Is for Lone Star: A Texas Alphabet (Alphabet Series)  
Texas Eats: The New Lone Star Heritage Cookbook, with More Than 200 Recipes  
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